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 特别报导...
Feature story

*To live a self
 determined life...*



Hi. I had been an active carefree teenager. Unfortunately in year 2005, I felt very ill and was diagnosed with SLE (Systematic Lupus Erthematosus), an immune system disorder which has no cure but has to be sustained through drugs for life. The side effects of the drugs affected me badly. My physique bloated and I had to depend on a walking frame for my daily activities. I felt very sad, miserable and depressed as I was totally dependent on my parents' help and encouragement.

During my physiotherapy sessions at the Penang General Hospital, the occupational therapist advised me to find employment rather than staying at home. My life took a different turn, I was offered to work as a Clerk in Eden Handicap Service Centre and they also provided me the necessary trainings especially in computer knowledge. In Eden, I am not alone as there are other warm-hearted people with disabilities too, who always extend their help to me. Opportunities are provided for me to participate in their trainings, fellowships, outings and other social recreational activities. These had transformed me into a positive, confident, independent and happier person, thus enhances my outlook and improve the quality of my life. I am looking forward to the next phase of my life, and have hopes for the future. I am blessed and grateful to Eden who has positively influenced my life by continuously encourages me to keep moving forward in my life's journey. Thank you!

--- Wai Sim ---

经历自我肯定的生命

嗨！我曾经是无拘束的少年人，不幸的事发生在2005年，我病重及被诊断是红斑狼疮患者，是一种免疫系统失调的疾病；无法根治，必须靠药物来延续生命。药物的副作用严重影响我。我的肢体僵硬、不灵活，我必须倚靠行动器材辅助我走动。我伤心、无助，情绪低落；庆幸的是还有我父母的帮助与鼓励。

当我在中央医院进行物理治疗时，治疗师建议我去找工作，总比呆在家里好。当伊甸聘请我成为书记时，是我生命的转折点。他们也提供的基本训练，特别是电脑训练。在伊甸，我并不孤单，残友与同事都有爱心款待我。这职场提供我培训的机会，团契沟通，外游及社区休闲活动。这都趋使我成为乐观，有自信、独立及喜乐的人；也让我生存得更有意义。我在寻求更高阶段的人生，充满的希望。我很感恩伊甸正面的影响我的生命，我更有信心的持续我生命的里程碑。谢谢